

Calendar of Events at Adventist Active Centre (AAC) @ Golden Peony

NAME OF PROGRAMME/ ACTIVITY	ORGANISERS/ PARTNERS
Meridien Flapping Workout	Adventist Active Centre
Toning Workout	Adventist Active Centre
Chair Zumba Exercises	HPB
Happy Programme	Adventist Active Centre
Music & Movement	Adventist Active Centre
Chinese Painting Class	Mr Tang (Volunteer Artist)
Chinese Calligraphy Class	Mr Joseph Tham
English Class	Vivian Tsang (SG Care Volunteer)
Art & Craft Class	Geogina (Volunteer) & Adventist Active Centre
Happy and Easy Art Class	Doris Chen & Mdm Ong (Volunteer)
Karaoke	Albert Chua (Volunteer DJ)
BINGO	Adventist Active Centre
Rummy O	Adventist Active Centre
Bread Distribution	Food From the Heart
Birthday Celebration	Adventist Active Centre & Sinfulcakes Bakery
Gardening Interest Group	Adventist Active Centre

Chinese New Year	Adventist Active Centre
Chinese New Year Lo Hei	My First Skool Preschool
Easter Day Outreach	Cornerstone Church
Earth Day cum Hari Raya Celebration	My First Skool Preschool
Hari Raya cum Mother's Day Celebration	My First Skool Preschool
Dumpling (Halal) Festival Celebration 2023	My First Skool Preschool
Racial Harmony Day Celebration	My First Skool Preschool
National Day Celebration	My First Skool Preschool
National Day Celebration 2023	Jurong Spring SCEC and AAC
Mid-Autumn Festival Celebration	My First Skool Preschool
Children Day Celebration	My First Skool Preschool
Deepavali Celebration	Adventist Active Centre
Christmas Carol Performamance and Games	Monfort YAH!

Christmas cum New Year 2024 Celebration	SDA Church and Jurong Spring CC
SG Care Vouchers Distribution	SG Cares
Online Concert	Esplanade
Online Concert (Cantonese)	Esplanade
Concert (outing)	Esplanade
Angklung Community Project	Esplanade and PCF childcare
GEHA 45TH Anniversary Charity Concert	GEHA
SIT Befriending Part I	Singapore Institute of Technology (SIT)
SIT Befriending Part II	Singapore Institute of Technology (SIT)
NUS Befriending Program	SG Cares and NUS
International Singapore Intergenerational National Games (I-SING)	Nanyang Technological University (NTU)
I-SING 2023 Final Competition (outing)	Nanyang Technological University (NTU)
Mooncake Making session	Volunteers
Digital Workshops Chinese	IMDA SDO
Digital Workshops Malay	IMDA SDO
Online Grooving Down Memory Lane	HeritageCares x SanCare Asia
Fruits for Charity Project	Supported by Wan Kwong Weng
Free Raisin Bread Distribution	Supported by Genesis Vegan Restaurant

Calendar of Events at Adventist Active Centre (AAC) @ Golden Clover

NAME OF PROGRAMME/ ACTIVITY	ORGANISERS/ PARTNERS
Stretching Exercise	Adventist Active Centre
Meridien Flapping Exercise	Adventist Active Centre
Swing Hand Exercise	Adventist Active Centre
Towel Exercise	Adventist Active Centre
Zumba Gold Exercise	HPB
Gym Exercise	Adventist Active Centre
Chinese Calligraphy Class	Mr Joseph Tham
Cooking Class	Volunteer - Han Pei Lan
Line Dance Class	Adventist Active Centre
Various Health Talks	Adventist Active Centre
Talk About You and Me on Healthy Ageing	Volunteers
Pay It Forwards Programme	Seventh-day Adventist Church
Rummy O	Adventist Active Centre
Billards	Adventist Active Centre
Free Lunch Distribution	Volunteers / Supported by Genesis Vegan Restaurant
Fruits for Charity Project	Supported by Wan Kwong Weng
Free Raisin Bread Distribution	Supported by Genesis Vegan Restaurant

Chinese New Year Celebration	Adventist Active Centre
Parents Day Celebration	Adventist Active Centre
National Day Celebration	Adventist Active Centre
Christmas Day Celebration	Adventist Active Centre
Dumpling Making (Outing)	Volunteers
Mid-Autumn Social Night (Outing)	Volunteers
1 Day Tour in Johor Bahru	Volunteers
Mini Concert with You	Volunteers
Violin Performance	Seventh-day Adventist Church Members
Durian Party	Seventh-day Adventist Church
PIF Day (outing)	Seventh-day Adventist Church

Balik Kampong Programme(6 sessions)	HPB
Functional Screening	AIC
Bag Making Class	Commenhers
SIT Befriending Part I	Singapore Institute of Technology (SIT)
SIT Befriending Part II	Singapore Institute of Technology (SIT)
International Singapore Intergenerational National Games (I-SING)	Nanyang Technological University (NTU)
I-SING 2023 Final Competition (outing)	Nanyang Technological University (NTU)
Volunteering Activities at Purple Parade Charity, Suntec City	Adventist Active Centre
Scams Prevention Talk	Toa Payoh Neighbourhood Police
Wills and LPA Talk	Wan Kwong Weng (Chairman) and Tan Sheng Kiat (Kin and Kith Law Firm)
Fire Drill Talk	Adventist Active Centre
Digital Games	NTU
Seniors Go Digital - Smart Devices	IMDA

Calendar of Events at Adventist Active Centre (AAC) @ Kallang Trivista

NAME OF PROGRAMME/ ACTIVITY	ORGANISERS/ PARTNERS
Rejuvenation Health Exercise	Adventist Active Centre
Meridian Exercise	Adventist Active Centre
Resistance Band Exercise	Adventist Active Centre
Gym Exercise	Adventist Active Centre
Low Impact Aerobics	Adventist Active Centre
Line Dance Class	Adventist Active Centre
Chinese Calligraphy Class	Mr Joseph Tham
Conversational English Class	Volunteer
Ukulele Class	Adventist Active Centre
Rummikub Games	Adventist Active Centre
Karaoke	Volunteer
Massage	Volunteer
Free Lunch Distribution	Volunteers / Supported by Genesis Vegan Restaurant

Chinese New Year Celebration	Adventist Active Centre
National Day Celebration	Adventist Active Centre
Mid-Autumn Festival Program	PCF Sparkletots
Christmas Celebration	Adventist Active Centre
GEHA 45TH Anniversary Charity Concert	GEHA
Art and Craft	Adventist Active Centre & Volunteers
SIT Befriending Part I	Singapore Institute of Technology (SIT)
SIT Befriending Part II	Singapore Institute of Technology (SIT)
International Singapore Intergenerational National Games (I-SING)	Nanyang Technological University (NTU)
I-SING 2023 Final Competition (outing)	Nanyang Technological University (NTU)
Health Talk: Celebrate the Abundance of Life	HPB
Smartphone Workshop	Heartware Network