

Adventist Home for the Elders

Annual Report for Year Ended 31 December 2019

Organisational Details:

Adventist Home for the Elders was set up on 21 August 1981. It was registered under the Charities Act since 28 July 1986.

Charity Registration Number	:	0358
ROS Registration Number	:	ROS139-80-WEL
Unique Entity Number (UEN)	:	S80SS0046B
Registered Address	:	Blk.195 Kim Keat Avenue #01-294,310-314 Singapore 310195

We are licensed by the Ministry of Family & Social Development to operate a 38-bed sheltered home for elderly and aged destitute. We became the first sheltered home to install an Automated External Defibrillator (AED) in March 2009, at the common property of Block 195, Kim Keat Avenue. We also have successfully deployed a second AED at Kim Keat Palms in 2010, a third AED at Golden Peony in April 2015, and a fourth AED at Kallang Trivista in March 2018.

In 2012, we developed 2 Android games for the elderly in collaboration with Nanyang Polytechnic.

In addition, since 2015, we also operate 3 Senior Activity Centres (Studio Apartments) at Golden Peony (operational in March 2015), Golden Clover (in November 2015) and Kallang Trivista (in October 2016). With these 3 Centres, we serve 477 HDB Studio Apartments as well as elderly from the vicinity.

Our Institution of Public Character (IPC) status under the Charities Act (Cap.37) was renewed till 31 July 2021.

Board of Management:

On 31 December 2019, Singapore Seventh-day Adventist Chinese Church board has nominated the following members to serve the Adventist Home for the Elders Board of Management for 2019:

Name	Designation	Date of First Appointment
1. Wan Kwong Weng	Chairman	01/07/2008
2. Chong Kok Loon	Vice-Chairman	01/01/1999
3. Foo Chee Fah	Vice-Chairman	01/01/2015
4. Cheng Chay Choo Ruth	Secretary	01/01/2010
5. Oi Keng Hunt	Treasurer	01/01/2015
6. Seah Siew Beng Albert	Assistant Treasurer	01/01/2016
7. Han Wee Lan	Member	01/01/2010
8. Ing Andrew Samuel	Member	01/01/2015
9. Ong Ang Toh	Member	01/01/2017

Auditor:

Fiducia LLP Certified Public Accountant

Bankers:

United Overseas Bank Limited
DBS Bank Limited

OBJECTIVE:

The objective of the Home is to serve the Home residents in the spirit of love. Our vision is, by the grace of God, to aspire to be the best-in-class residential home that is affordable, meaningful and pleasant.

POLICIES:Finance & Funding

Part of the home's funding comes from fund-raising events organized and public donations. The Home collects lodging fees at \$800-\$900 and at \$600 for Public Assistance recipients. Laundry service is at \$30.00 per month.

Conflict of Interest Disclosure

All Board members have signed conflicts of interest disclosure forms at the start of the Board term. If and when such situation of conflict arises, the Board member concerned shall make further disclosure and abstain from discussions and voting. Documentations of the declaration and the decision-making process are put in place.

Application for Admission to Home

Applications for admission are made directly by family members of the applicant or by referral from medical social workers. All applications are processed by the Operations Management Committee (consisting of the Chairman, Vice-Chairman, Treasurer and the Senior Manager).

REVIEW OF YEAR 2019:**Staffing**

As at 31 December, 2019 the breakdown of the staff strength is as follows:

Senior Manager	1	Local
Centre Manager (SAC SA)	3	Local
Nursing Aides	2	Foreign
Cook	1	Local
Healthcare Attendant	2	Foreign
Admin Assistant (part timers)	2	Local
<u>Cleaners (part timers)</u>	<u>1</u>	Local
<u>Total</u>	<u>12</u>	

Occupancy

There were 26 residents as at 31st December 2019. A breakdown is shown as follows:

Male: 11 (Chinese) and Female: 15 (Chinese)

Calendar of Events at Adventist Home for the Elders

- **January**

- Singing and Sharing by Balestier Church
- Visitation and bible story telling by Pei Hong (volunteer)
- Singing session with Hazelyn Seow (volunteer)
- Annual angpao distribution by Singapore Buddhist Lodge Welfare Foundation
- Visitation, art & craft and dinner distribution by Sharon (volunteer) & friends
- Angpao distribution by Mrs. Betty Chan
- Angpao and orange distribution by Amity Global Business School
- AHE CNY Reunion Dinner
- Angpao distribution by Mr. David Goh
- Group Exercise, Games, Colouring, Singing & Movie session

- **February**

- Angpao distribution by Mr. David Tan
- Visitation and angpao distribution by Balestier Church
- Invitation by AWWA Early Intervention Centre
- Visitation, angpao and meal distribution by 6th Division
- Singing and Sharing by Serene (volunteer) and Chuan Hoe Church members
- CNY Luncheon invitation by Lions Club of Singapore New Central
- Visitation and angpao distribution by Jenny (volunteer)
- Visitation by Mr. Saktiandi Supaat (Bishan Toa Payoh Grassroots Advisor)
- Visitation and music performances by Hwa Chong Institution
- Singing session with Hazelyn Seow (volunteer)
- Group Exercise, Games, Colouring, Singing & Movie session

- **March**

- Singing and Sharing by Balestier Church
- Visitation and game interaction by Pei Chun Primary School
- Visitation by National University Malaysia (UKM)
- Group Exercise, Games, Colouring, Singing & Movie session

- **April**

- Visitation and game interaction by Pei Chun Primary School
- Visitation by Dr. Shee & SDAC
- Singing and Sharing by Balestier Church
- Fire Drill
- Visitation and game interaction by San Yu Adventist School
- Group Exercise, Games, Colouring, Singing & Movie session

- **May**

- Singing and Sharing by Balestier Church
- Singing session with Hazelyn Seow (volunteer)
- Visitation and music performances by Hwa Chong Institution
- Visitation and games interaction by Sharon (volunteer) & friends
- Group Exercise, Games, Colouring, Singing & Movie session

- June
 - Woh Hup Charity Luncheon for the Aged
 - Celebrating Mrs Chong 80th Birthday and Parents Day
 - Visitation and game interaction with students from ITE
 - Singing and Sharing by Balestier Church Filipino Choir
 - Visitation by Korea Association of Community Care For The Elderly
 - Visitation and game interaction with students from SMU
 - Singing session with Hazelyn Seow (volunteer)
 - Group Exercise, Games, Colouring, Singing & Movie session

- July
 - Visitation and game interaction with students from SMU
 - Singing session with Hazelyn Seow (volunteer)
 - Singing and Sharing by Balestier Church
 - Quarterly Lunch with Toa Payoh East Elderly, sponsored by Dorcas, TCC
 - Group Exercise, Games, Colouring, Singing & Movie session

- August
 - Singing and Sharing by Balestier Church
 - Singing session with Hazelyn Seow (volunteer)
 - "Pay It Forward" by Thomson Chinese Church
 - Visitation and music performances by Hwa Chong Institution
 - Group Exercise, Games, Colouring, Singing & Movie session

- September
 - Visitation by Sharon (volunteer) & friends for Mooncake Festival
 - Singing and Sharing by Balestier Church
 - Inspection Day
 - Singing and Sharing by Balestier Church-Filipino Choir
 - Group Exercise, Games, Colouring, Singing & Movie session

- October
 - Singing session with Hazelyn Seow (volunteer)
 - Visitation by Dr. Shee & SDAC
 - Singing and Sharing by Balestier Church
 - Visitation and interaction by San Yu Adventist School
 - Fire Drill
 - Visitation by Government Offices from Korea Choongnam Province
 - Visitation and music performances by Hwa Chong Institution
 - Group Exercise, Games, Colouring, Singing & Movie session

- November
 - Singing and Sharing by Balestier Church
 - Singing session with Hazelyn Seow (volunteer)
 - Singing and Sharing by Serene (volunteer) and Chuan Hoe Church members
 - Singing and Sharing by Jurong English Choir
 - Group Exercise, Games, Colouring, Singing & Movie session

- December
 - Singing session with Hazelyn Seow (volunteer)
 - Christmas Singing by Balestier Church-Filipino Choir
 - Singing and Sharing by Balestier Church
 - Christmas Carol by Hello Group (Volunteer)
 - Visitation by Korea Jinan County Council
 - In house Christmas Party
 - Quarterly Lunch with Toa Payoh East Elderly
 - Group Exercise, Games, Colouring, Singing & Movie session

Calendar of Events at Adventist Active Centre (AAC)

- AAC @ Golden Peony
 - Daily Morning Exercise
 - Weekly Art Lessons, Calligraphy Lessons, Karaoke
 - Weekly English Lessons
 - First English Lesson for the Malays
 - Chinese New Year Lo Hei
 - Chinese New Year Celebration
 - Trip to National Art Gallery Singapore
 - Visitation from Corporation Primary School
 - Visitation from My First Skool children
 - Talk by Police
 - Trips to Floral Fantasy & Gardens by the Bay
 - Visitation from Sparkletots Pre-school children
 - Mother's & Father's Day Celebrations
 - Health Talk by Dr. Loo (volunteer)
 - Hari Raya Celebrations
 - Stretch Band Exercise by Health Promotion Board (HPB)
 - Health Talk by HPB
 - Exercise with National Taiwan Sports University (NTSU)
 - Durian Party cum National Day Celebrations
 - Functional Health Screening by HPB
 - Bicentennial Celebration with My First Skool Pre-school
 - Trip to Jewel with RC
 - AED cum First Aid Awareness Course with RC
 - HPB Exercise & Health Talks
 - Health Talk on Dementia by Dr. Loo (volunteer)
 - Visitation to Mr First Skool Pre-school
 - Chinese Painting Class & Exhibition Visit by Teacher Tang (volunteer)
 - Balik Kampung Workshop by HPB
 - Cookery Session by HPB
 - Learning to use smart phone by Fuhua Secondary School students
 - Monthly Healthy Eating Day
 - Trip to Sea Aquarium
 - Dongzhi Celebration
 - Christmas cum Year End Celebrations

- AAC @ Golden Clover
 - Daily Morning Exercise
 - Weekly Line Dance Class, Calligraphy Lessons, Karaoke
 - Weekly Shuttle Service by Mr. Steven (volunteer)
 - Bi-weekly Message Sharing by Ps. Foo (volunteer)
 - Lunar New Year Gathering
 - Getai Fun Night at Esplanade
 - Trip to Gardens by the Bay
 - Gathering with San Yu Adventist School's students
 - Functional Health Screening by HPB
 - Understanding Dementia Talk by HPB
 - Health Data Measurement Exercise by AIC
 - Cooking Class by Mdm. Han Wee Lan (volunteer)
 - Zumba Gold Exercise by HPB
 - Parents' Day Gathering
 - Merdeka Generation Package Sharing Session by HPB
 - Exercise with National Taiwan Sports University (NTSU)
 - Healthy Food Trail at Chong Pang Market by HPB
 - Balik Kampung Part 1 - Hey Friends by HPB
 - Balik Kampung Part 2 - Active your Brain by HPB
 - Johor Bahru One Day Tour
 - Taiji Rouli Ball by HPB
 - Cooking Class by Thomson Chinese Church Members (volunteer)
 - Christmas Gathering

- AAC @ Kallang Trivista
 - Daily Morning Exercise
 - Weekly Line Dance Class, Calligraphy Lessons, English Lessons, Chinese Phonetics, Ukulele Lessons, Karaoke
 - Art & Craft Classes by Mdm. Ivy (volunteer)
 - Low Impact Aerobics by HPB
 - Functional Health Screening by HPB
 - Musical Drama at Stamford Arts Centre
 - Smart Motion Sensor Talk
 - Chinese New Year Celebration
 - Trip to Gardens by the Bay
 - San Yu Adventist School Students' Performance
 - Trip to Jewel Changi Airport
 - National Day Celebration
 - Trip to National Art Gallery Singapore
 - The Bicentennial Experience at Fort Canning Centre
 - Indian Drum Workshop at Esplanade
 - Christmas Celebration

REVIEW OF FINANCIAL STATEMENTS

Statement of Accounts

Statement of accounts for the financial year ended 31st December 2019 was duly presented for audit.

The operating loss was \$370K (\$302K in 2018).

None of our individual employees' remuneration is more than \$50,000.

Reserve Fund

The Home reported a balance accumulated fund of \$912,030 as at 31st December 2019 (\$1,067,274 as at 31st December 2018). The Home would like to place on record sincere appreciation to donors, friends and supporters who have made significant contributions to the Home.

SUMMARY OF KEY PLANS

In August 2014, we embarked on a strategy review and decided to participate in the MFS tender to conceptualise and operate the Seniors Activity Centre (SAC(SA)) at Golden Peony HDB Studio Apartments block in Jurong West (Block 530A Jurong West Ave 1 #01-907) which has good frontage to Corporation Road. We were successful in the tender and took over the void deck site in January 2015. We have started operations at the SAC (SA) as Adventist Active Centre @ Golden Peony on 1 March 2015. We also installed an AED at the block void deck on 19 April, officiated by MOS Desmond Lee. The Centre was officially opened by DPM Tharman Shanmugaratnam on 5 July 2015.

In January 2015, we also participated in another concept tender for SAC(SA) at Golden Clover HDB Studio Apartments block in Toa Payoh East (Block 196 Kim Keat Ave #01-506) which is right next to our sheltered home. We were successful in the tender and started operations on 22 November 2015.

We further participated in November 2015 another concept tender with MSF and was successful for the SAC(SA) at Kallang Trivista, Block 8C, Upper Boon Keng Road, next to Kallang MRT Station. We started operations on 30 October 2016. It has a PCF preschool next door and the children have come over for calligraphy classes which generate intergenerational bonding.

We organised a Family Day at Golden Peony in November 2017 and it attracted over 120 elderly with their family members. It was a heartfelt event as many reminisced how they used to play games with their aged parents when they were growing up.

In addition, we also collaborated with NTU Wee Kim Wee School of Communication and Information on a Ministry of Health research project.

We are fortunate to be supported by a strong group of volunteers and donors.

Our average Home occupancy is 28. Our 3 Senior Activity Centres receive about 70 to 100 attendees prior to Covid-19. Due to Covid-19 and restrictions promulgated by regulators, we have adopted safe distancing and cleaning measures.

We are constantly reviewing our programme offerings and aim to provide a higher level of service.

Dated this 20th August 2020

Prepared by:

Wan Kwong Weng BBM PBM
Chairman

Chong Kok Loon
Vice Chairman